

Help your child:

- * Stay active
- ★ Stay physically fit
- ★ Increase strength
- ★ Increase flexibility
- * Improve body awareness
- * Improve coordination
- * Learn fun skills
- * And SOAR to new heights...

...with The Gym Nest Summer Sessions



THE GYM NEST School of Gymnastics 120 Macon West Drive • Macon, Georgia 31210 478.474.3021 • www.thegymnest.com

***NEW* FLEXIBLE SCHEDULING for SUMMER**

TGN's new flexible Summer Scheduling options will help make scheduling your child's summer TGN classes easier than ever!

TGN's Summer Schedule will offer 4 sessions of up to 2 weeks each – sign up for 1, 2, 3, or all 4 sessions.

Select the sessions that best fit your child's summer calendar!

Session 1: June 2-10 Session 3: June 30-July 10 Session 2: June 17-26 Session 4: July 14-25

The following classes will be available for Summer:

- ★ Gymnastics classes for ages 3+ (all sessions)
- * Cheerleading classes for ages 5+ (all sessions)
- ★ Soar & Learn EduGym for ages 2 6 (all sessions)
- * Parent & Me /Parent & Tot for ages 1 -2 (all sessions)

Don't forget about our **Summer Fun Activities**...

Gymnastics Camp	June 17-19	9am – 12noon	
Tumbling Clinic	June 5	5pm – 7pm	
Tumbling Clinic	June 23	5pm – 7pm	
Tumbling Clinic	July 10	5pm – 7pm	
Private Lessons	Scheduled with Instructors		



2 week session with children attending 2x per week.

120 Macon West Drive · 478.474.3021

thegymnest.com · Like us on Facebook to keep up with current events

•

Mo	<u>on</u>	<u>T</u> 1	ues	Wed	Thurs		<u>Fri</u>	Sat
June 2		June 3		June 4	June 5		June 6	June 7
Sor & Learn E	duGym	Soar & Learn B	EduGym		Tumbling Clinic	<u>,</u>		
ages 2-6	9:00-12:00	ages 2-6	9:00-12:00		Ages 5 & older 5:00	7:00		
Gymnastics	4:30-6:00	Gymnastics	4:30-6:00					
	6:00-7:30		6:00-7:30					
Cheer	6:00-7:30	Cheer	6:00-7:30					
Parent & Me / F	Parent & Tot	Parent & Me /	Parent & Tot					
	6:00-6:45		6:00-6:45					
June 8		June 9		<u>June</u>	<u>June 11</u>		<u>June 12</u>	<u>June 13</u>
Som & Learn E	duGym	Soar & Learn B	EduGym	<u>10</u>				
ages 2-6	9:00-12:00	ages 2-6	9:00-12:00					
Gymnastics	4:30-6:00	Gymnastics	4:30-6:00					
	6:00-7:30		6:00-7:30					
Cheer	6:00-7:30	Cheer	6:00-7:30					
Parent & Me / Parent & Tot		Parent & Me /	Parent & Tot					
	6:00-6:45		6:00-6:45					

Registration Fee: \$10 (currently enrolled families do not have a registration fee)

Parent & Me /Parent & Tot: \$95 (45 min instructional time 2x per week for a total of 3 hours)

Gymnastics: Ages 3+ (by August 31): \$115 (90 minutes instructional time 2x per week for a total of 6 hours)
Cheerleading: Ages 5+ (by August 31): \$115 (90 minutes instructional time 2x per week for a total of 6 hours)

Sor & Learn: (Ages 2-6 by August 31): \$85 per session

Tumbling Clinic: \$30 (\$20 for currently enrolled students)



2 week session with children attending 2x per week. (Soar & Learn only 2x per week)

120 Macon West Drive · 478.474.3021

thegymnest.com · Like us on Facebook to keep up with current events

Mon		Tues	Wed	T	hurs	
June 16	June 17 Gymnastics Camp 9:00-12:00		June 18 Gymnastics Camp 9:00-12:00	June 19		
	Soar & Learn EduGym ages 2-6 9:00-12:00			Soar & Learn Edages 2-6	duGym 9:00-12:00	
	Gymnastics	4:30-6:00 6:00-7:30		Gymnastics	4:30-6:00 6:00-7:30	
	Cheer	6:00-7:30		Cheer	6:00-7:30	
	Parent & Me / F	Parent & Tot 6:00-6:45		Parent & Me / F	Parent & Tot 6:00-6:45	
June 23	June 24		<u>June 25</u>	June 26		
Tumbling	Soar & Learn Edages 2-6	9:00-12:00		Soar & Learn Edages 2-6	•	
Clinic Ages 5 & older 5:00-7:00	Gymnastics	4:30-6:00 6:00-7:30		Gymnastics	4:30-6:00 6:00-7:30	
	Cheer	6:00-7:30		Cheer	6:00-7:30	
	Parent & Me / Parent & Tot 6:00-6:45			Parent & Me / F	Parent & Tot 6:00-6:45	

Registration Fee: \$10 (currently enrolled families do not have a registration fee)

Parent & Me /Parent & Tot: \$95 (45 min instructional time 2x per week for a total of 3 hours)

Gymnastics: Ages 3+ (by August 31): \$115 (90 minute instructional time 2x per week for a total of 6 hrs) \$115 (90 minute instructional time 2x per week for a total of 6 hrs) \$115 (90 minute instructional time 2x per week for a total of 6 hrs)

Soar & Learn: Ages 2-6 (by August 31): \$85 per session

Tumbling Clinic: Ages 5+: \$30 (\$20 for currently enrolled students)

Gymnastics Camp: (Ages 3+): \$90 (instructional gymnastics camp Tues, Wed, Thurs from 9:00-12:00 - - - June 17-18-19th)



2 week session with children attending 2x per week. (Soar & Learn only 2x per week)

120 Macon West Drive · 478.474.3021

thegymnest.com · Like us on Facebook to keep up with current events

	Mon	r	<u> Fues</u>	Wed	<u>Thurs</u>
<u>June 30</u>		July 1		July 2	July 3
Soar & Learn F ages 2-6	EduGym 9:00-12:00	Soar & Learn E ages 2-6	EduGym 9:00-12:00		
Gymnastics	4:30-6:00 6:00-7:30	Gymnastics	4:30-6:00 6:00-7:30		
Cheer	6:00-7:30	Cheer	6:00-7:30		
Parent & Me /	Parent & Tot 6:00-6:45	Parent & Me /	Parent & Tot 6:00-6:45		
July 7		July 8		July 9	<u>July 10</u>
Soar & Learn F	EduGym 9:00-12:00	Soar & Learn E ages 2-6	9:00-12:00		Tumbling Clinic Ages 5 & older 5:00-7:00
Gymnastics	4:30-6:00 6:00-7:30	Gymnastics	4:30-6:00 6:00-7:30		
Cheer	6:00-7:30	Cheer	6:00-7:30		
Parent & Me / Parent & Tot 6:00-6:45		Parent & Me /	Parent & Tot 6:00-6:45		

Registration Fee: \$10 (currently enrolled families do not have a registration fee)
Parent & Me /Parent & Tot: \$95 (45 min instructional time 2x per week for a total of 3 hours)

Gymnastics: Ages 3+ (by August 31): \$115 (90 minute instructional time 2x per week for a total of 6 hrs) \$115 (90 minute instructional time 2x per week for a total of 6 hrs) \$115 (90 minute instructional time 2x per week for a total of 6 hrs)

Soor & Learn: Ages 2-6 (by August 31): \$85 per session

Tumbling Clinic: Ages 5+: \$30 (\$20 for currently enrolled students)



2 week session with children attending 2x per week. (Soar & Learn only 2x per week)

120 Macon West Drive · 478.474.3021

thegymnest.com · Like us on Facebook to keep up with current events

Mon	Tues	Wed	<u>Thurs</u>
July 14	<u>July 15</u>	<u>July 16</u>	July 17
	\$697 & Learn EduGym ages 2-6 9:00-12:00 Gymnastics 4:30-6:00 6:00-7:30 Cheer 6:00-7:30 Parent & Me / Parent & Tot 6:00-6:45		\$697 & Learn EduGym ages 2-6 9:00-12:00 Gymnastics 4:30-6:00 6:00-7:30 Cheer 6:00-7:30 Parent & Me / Parent & Tot 6:00-6:45
<u>July 21</u>	July 22 \$097 & Learn EduGym ages 2-6 9:00-12:00 Gymnastics 4:30-6:00 6:00-7:30 Cheer 6:00-7:30 Parent & Me / Parent & Tot 6:00-6:45	July 23	July 24 Sogr & Learn EduGym ages 2-6 9:00-12:00 Gymnastics 4:30-6:00 6:00-7:30 Cheer 6:00-7:30 Parent & Me / Parent & Tot 6:00-6:45

Registration Fee: \$10 (currently enrolled families do not have a registration fee)
Parent & Me /Parent & Tot: \$95 (45 min instructional time 2x per week for a total of 3 hours)

Gymnastics: Ages 3+ (by August 31): \$115 (90 minute instructional time 2x per week for a total of 6 hrs)
Cheerleading: Ages 5+ (by August 31): \$115 (90 minute instructional time 2x per week for a total of 6 hrs)

Soar & Learn: Ages 2-6 (by August 31): \$85 per session

Tumbling Clinic: Ages 5+: \$30 (\$20 for currently enrolled students)