## The Gym Nest School of Gymnastics

## CONTACT



Message via Messenger. (Fastest Respose)



478-474-3021 (leave a message)



tgn@thegymnest.com



120 Macon West Drive /Macon, GA

Online Registration begins Thursday, July 25 August 12, 2024 - May 14, 2025

Join us for classes



and Soar to New Heights!



Ages 1 & 2 by 9-1-24

M 6-6:30 T 6:15-6:45 W 5-5:30



Ages 3 & 4 by 9-1-24

M 4-4:40 / 4:40-5:20 / 5:20-6 / 6-6:40 / 6:40-7:20

T 3:50-4:30 / 4:30-5:10 / 5:10-5:50 / 5:50-6:30 / 6:30-7:10

W 4-4:40 / 4:40-5:20 / 5:20-6 / 6-6:40



All K students & beginner 1st

M 4-4:55 / 6-6:55 T 5-5:55. W 6-6:55



Advanced 1st Grade Girl Gymnasts that completed K & 1st Class last year and all 2nd Grade Girls

T 3:50-4:45 - - - 4:20-5:15 for part of the class. T 5:15-6:10 / 6-6:55





T 4-4:55 W 4-4:55 / 7-7:55





T 6:45-8:00



Created for the families with multiple children & also for families needing a later class time.

M 7-7:55





Ages 5-6 T 4-4:45 / 5:40-6:25 Ages 7+ T 4:45-5:40 / 6:25-7:20



This class is for the beginner tumbler & will focus on learning cartwheel, handstand, roundoff, back bend, kick over, & beginner back handspring drills. M 5:15-6 / 6:30-7:15



This class is for the intermediate tumbler & will focus on standing back handsprings, connecting round off - back handsprings, and back tuck drills. M 7:15-8



This class is for the tumbler that has a round off- back handspring & will focus on standing back tucks, and connecting round off - back handspring tuck, layouts , and twisting drills.

M 7:15-8







## The Gym Nest

School of Gymnastics 120 Macon West Drive Macon, GA 31210 (478) 474-3021

2024 – 2025 School Year Calendar	
	Date(s)*
School Year Begins (Tuition Installment 1 of 4 & Yearly Membership will be auto charged upon enrolling)	August 12
Closed for Labor Day	CLOSED Sept 2
Fall Break – No Classes	NO CLASSES Oct 7-11
Tuition (Installment 2 of 4) auto charged to card on file	Week of October 14
Halloween – No Classes	Oct 31
Thanksgiving Break - No Classes	NO CLASSES Nov 25-29
Holiday Break – No Classes	NO CLASSES Dec 23 – Jan 3
Tuition (Installment 3 of 4) auto charged to card on file	Week of Jan 6
Spring Fling Exhibition & apparel Fees due	Jan 17
Winter Break – No Classes	NO CLASSES Feb 17-21
Tuition (Installment 4 of 4) auto charged to card on file	Week of Mar 17
Spring Break - No classes	NO CLASSES Mar 31 – April 4
Spring Fling Exhibition	May 2 -3
Last Day of School Year Classes	May 14
Summer Schedule Begins	TBA

<sup>\*</sup>Additional closings may be announced due to our competitions. Schedule changes and make-up dates will be announced ASAP.

## 2024 - 2025 School Year Fees

Family Membership Fee (due each August) - \$75

Registration, Waiver, Release, and Policies Agreement must be submitted with nonrefundable \$75.00 payment to reserve class time.

School Year Tuition will be paid in 4 installments (At enrollment, week of Oct 14, week of Jan 6, week of Mar 17) and will be auto charged to the card on file for the following amounts:

Tuition Installments\*\*: 75 min class per week: \$257

55 min class per week: \$246 per installment 45 min class per week: \$237 per installment 40 min class per week: \$230 per installment 30 min class per week: \$212 per installment

When registering your child, you are registering for the entire School Term which ends May 14, 2025.

If withdrawal from The Gym Nest is wished to be made, a 30- day written notice must be submitted before the next tuition installment. A copy of the withdrawal form is located at <a href="www.thegymnest.com/withdraw.pdf">www.thegymnest.com/withdraw.pdf</a>. You may also send an email to <a href="tgn@thegymnest.com">tgn@thegymnest.com</a> or ask and TGN will provide you with a Withdrawal Form. Verbal withdrawals / telling the instructor / stop attending class without withdrawal form received are not accepted. Simply stopping attendance to class does not constitute withdrawal from The Gym Nest, and the student is still considered enrolled, tuition continues to be due, and the card on file will be charged.

Private Lesson - \$90 hour / \$60 half hour (per person)

Parents Friday Night Out (6:00-8:30) - \$27(includes chips and bottled water) – dates TBA via Facebook, Instagram, email

Birthday Parties (during PNO) \$250 for 10 guests (\$5 per each additional guest) / \$100 nonrefundable deposit due to reserve

Spring Fling Exhibition - \$55 | Due Jan 17

The Gym Nest . . . Helping Children Soar to New Heights!